



## Inspired Insights

Practical Tips & Resources to Collectively Learn and Grow  
the Field of Supervised Visitation & Safe Exchange Programming

### LOVE

A transformative approach to supervised visitation and  
safe exchange services

*"Without justice, there can be no love." and "when we work  
with love we create a loving working environment."*  
- bell hooks



The concept of love as a transformative force is powerful, especially when applied to services like supervised visitation and safe exchange. Approaching these services with a foundation of love and compassion creates an environment where healing and change can occur. To create new opportunities, the field of supervised visitation and safe exchange needs to be open to new thinking and engage with families from a place of love and understanding. When programs support a strengths-based optimistic approach centered on the belief that change is possible, they can foster a healthy, safe, and humanistic environment that supports healing and attempts to reduce risk.

Love is not just a feeling but an action. It's about treating each individual involved with dignity, respect, and empathy. It's about understanding the challenges they face and providing support without judgment. When love is infused into these services, it can be transformative. Furthermore, the idea of love as a transformative force extends beyond the immediate participants in supervised visitation and safe exchange services. It also affects the broader community. When love guides our actions, it strengthens our connections with one another and reinforces the bonds that hold us together as a community.

At Inspire Action for Social Change, we believe the work of supervised visitation and safe exchange is profound and life-changing, and we believe supervised visitation must be seen as an essential component of each community's response to addressing both safety and healing for families who have experienced intimate partner abuse. It has to be a labor of love with deep dedication to each survivor - who has been asking us to do more, to help more, and to care more about their lived experience. Adult and child survivors hope for safety, healing, and change, not only for themselves but often for the people who have caused them harm.

Embracing love as a transformative approach to supervised visitation and safe exchange services benefits the individuals directly involved and contributes to the community's overall well-being. It reminds us of our shared humanity and the power of compassion to create positive change in the lives of others. By approaching the work of supervised visitation and safe exchange with love and care, we can transform the field.

*"Darkness cannot drive out darkness; only light can do that.  
Hate cannot drive out hate; only love can do that."*  
- Martin Luther King Jr.

## What We're Reading

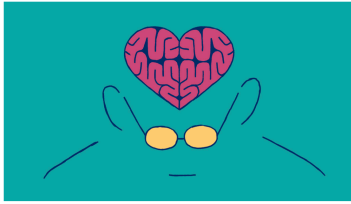
Harvard  
Business  
Review

Organizational Culture

### Can You Really Power an Organization with Love?

by Duncan Coombe

August 01, 2018



Vincent Tsoi for HBR

Read

Harvard  
Business  
Review

Organizational Culture

### The Business Case for Love

by Marcus Buckingham

October 12, 2023



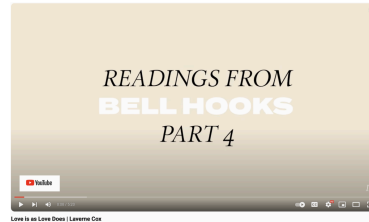
Fernando Trabasso/Patagonia/Getty Images

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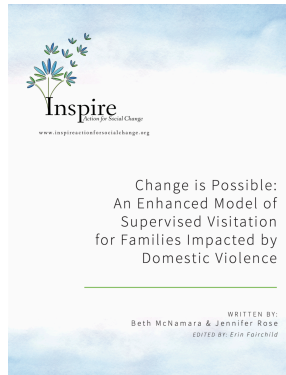
## What We're Listening To

Love is as Love Does | Laverne Cox

Listen



Love is as Love Does | Laverne Cox



## More from Inspire

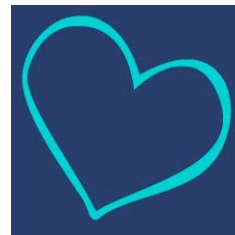
Change is Possible: An Enhanced Model of Supervised Visitation for Families Impacted by Domestic Violence

Read

## Your Insight

Actions you can take to support your learning and growth

1. Imagine a work culture that centers love as a core value. Allow your senses to respond.
2. Consider the barriers you hold to centering love as a core value in supervised visitation and safe exchange work.
3. Consider the organizational barriers to centering love as a core value in supervised visitation and safe exchange work.
4. What is the antidote to each barrier you identified?



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